

# **Humber Valley Imaging**

WWW.humbervalleyimaging.com Phone# 416-748-8434

PLEASE SCAN QR CODE TO BOOK AN APPOINTMENT



PATIENT'S NAME		APP	OINTMENT TIME
HEALTH CARD		D.O.B	TEL
DIGITAL X-RAY EXAMINATIONS (No Appointment)			
ABDOMEN O Single O Acute  HEAD & NECK O Adenoids O Skull O Sella Turcica O Sinuses (not insured by OHIP) O Orbits O Facial Bones O Nasal Bones O Mandible O T.M. Joints O Mastoids  CHEST O Chest PA & LAT	SPINE & PELVIS  O Cervical Spine  Dorsal Spine  Lumbar Spine  Sacrum / Coccyx  S.I. Joints  Pelvis  Pelvis & Hips  Pelvis & S.I. Joints  Scoliosis Series  Bone Age  LOWER EXTREMITIES  L R B  O O Hip  O O Femur  O O Knee	PPER EXTREMITIES  R B  Clavicle A C Joints  Shoulder Characters Ch	CLINICAL INFORMATION O URGENT / VERBAL  REFERRED BY:
O Chest PA O Ribs (L) (R) (B)	O O O Ankle		
O Sterno Clavicular Jts O Sternum	O O O S Calcis O O Toe 1 2 3 4 5		COPY TO:
			CARDIAC STUDIES  * Contrast Studies Available
BONE MINERAL ANALY O Base Line O OSTEOPENIA (ANNUAL O OSTEOPOROSIS (ANNU O ROUTINE EXAM	O DIGITAL MAMMOGRAM O O O O O O O O O O O O O O O O O O O		<ul> <li>○ ECHOCARDIOGRAM         (M-Mode 2D &amp; Color Doppler)</li> <li>Please select clinical indication:</li> <li>○ Chest Pain</li> <li>○ Post CABG or PTCA</li> <li>○ Dizziness/Syncope</li> <li>○ Cardiac Rehabilitation</li> <li>○ Post MI</li> </ul>
DIGITAL ULTRASOUND EXAMINATIONS (By Appointment)			O Pulmonary Rehab. O Dyspnea O Abnormal ECG O Lung Disease
<ul> <li>ABDOMEN</li> <li>FEMALE PELVIS</li> <li>Transabdominal</li> <li>Transvaginal</li> <li>Both</li> <li>PROSTATE</li> <li>Transabdominal</li> <li>Transrectal</li> </ul>	OBSTETRICAL O OB DATING (<16 wks) IPS/ANATOMY IPS/FTS (11-14 wks) ANATOMY (18-20 wks) BPP HIGH RISK	BIOPSY  O Breast FNA/Core  Thyroid Lymph Node Other  VASCULAR STUDIES	<ul> <li>○ Palpitations</li> <li>○ R/O Structural</li> <li>○ STRESS ECHOCARDIOGRAM</li> <li>○ STRESS ECG TEST</li> <li>○ ECG</li> <li>○ HOLTER MONITOR</li> <li>○ 24 Hr ○ 48 Hr ○ 72 Hr ○ 2 Weeks</li> </ul>
<ul> <li>KIDNEYS &amp; BLADDER</li> <li>HERNIA</li> <li>SONOHYSTEROGRAM</li> <li>SONOHYSTEROGRAM</li> <li>WITH CONTRAST         <ul> <li>(for tubal patency investigation)</li> </ul> </li> <li>SMALL PARTS</li> </ul>	MUSCULOSKELETAL  L R B  O O Shoulder  O O Elbow O O Wrist O O Knee O O Ankle	O DUPLEX CAROTID  PERIPHERAL ARTERIAL Lower Limb (L) (R) (B) Upper Limb (L) (R) (B)  PERIPHERAL VENOUS Lower Limb (L) (R) (B)	<ul> <li>○ Ambulatory Blood Pressure Monitor         * Not covered by OHIP</li> <li>○ NUCLEAR STUDIES         ○ Exercise        ○ Pharmacological         ○ Ventricular Function Study (MUGA)         ○ Thyroid Uptake</li> </ul>
○ Thyroid ○ Neck ○ Breast □ ® ® ○ Testicular	O Other O Joint Aspiration/Injection	Upper Limb (1) (8) (8)  O AORTIC ANEURYSM	CONSULTATION O CARDIOLOGY

O Joint Aspiration/Injection



## Humber Valley Imaging

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#### **HEAD OFFICE**

191 McNaughton Road East, Unit 402 Vaughan, ON L6A 4E2 Tel: (416) 748-8434 Fax: (416) 748-6158 info@humbervalleyimaging.com

#### PATIENT PREPARATIONS

#### ABDOMEN

- · Nothing to eat or drink after midnight.
- · Afternoon patient are permitted a light breakfast.
- NO DAIRY PRODUCTS OR MEAT.

#### ABDOMEN PLUS PELVIS

- · Nothing to eat after midnight.
- FULL BLADDER is required for this examination.
- Drink 40 oz (5 cups) of water at least 1 hour prior to appointment time.

#### O Pelvis, Prostate, Early Obstetrical (less than 16 weeks)

- FULL BLADDER is required for this examination.
- Drink 40 oz (5 cups) of water at least 1 hour prior to appointment time.

#### OBSTETRICAL (more than 16 weeks, including anatomy scan)

- DO NOT empty your bladder before this examination.
- · NO fasting required.

#### BIOPHYSICAL PROFILE (BPP)

• Have something sweet to eat or drink approximately 30 minutes prior to appointment time.

#### TRANSRECTAL PROSTATE

- Take Mild Laxative the night before the examination.
- FULL BLADDER is required for this examination.
- Drink 40 oz (5 cups) of water at least 1 hour prior to appointment time.
- · PSA results required.

#### TRANSVAGINAL SONOHYSTEROGRAM

- Take 2 tablets of Advil 1 hour before procedure.
- In the reproductive age, study should be booked day 5 to 10 of menstrual cycle.
- If post-menopausal (not cycling), can be booked at anytime.
- · Please advise secretary at time of booking if you have a history of valvular heart disease or pelvic inflammatory disease.

#### NUCLEAR IMAGING, STRESS ECHOCARDIOGRAM & STRESS TEST

- · Wear comfortable, loose clothing and walking shoes.
- · Light breakfast consisting of toast, jam, juice and water ONE HOUR before you test.
- 24 hours NO CAFFEINE, no coffee, no decaffeinated products, no medication with caffeine.
- · Bring a list of all current medications. Check with your physician regarding the discontinuation of any heart medications.
- Do not take erectile dysfunction medications for 48 hours before the test.

#### MAMMOGRAM

• Please bring your previous mammogram with you for comparison purposes if your imaging was not done at our facilities. On the day of the examination do not wear talcum powder, deodorant, lotion or perfume under your arms or breasts.

#### O BONE MINERAL DENSITOMETRY

- · Please DO NOT take calcium supplements for 24 hours before examination.
- · Please wear loose, comfortable clothing. Avoid garments that have zippers, belts, or buttons made of metal.
- Patients who have recently had a barium examination or have been injected with a contrast material for a CT or nuclear scan, please wait 14 days before undergoing BMD.

Please obtain preparation directions from your doctor.

#### INJECTION

 Please obtain medication for injection from your referring physician ex. Depomedrol.

#### **HVI LOCATIONS**

\* Free parking available - Female Technicians available \*

#### **Toronto West**

Mipling Heights Diagnostic Imaging

2291 Kipling Ave, Unit 121, Kipling Heights Plaza Etobicoke, ON M9W 4L6 Tel: (416) 244-8862 Fax: (416) 244-2618 khreferral@humbervalleyimaging.com



#### **Toronto Central**

② PDS Diagnostic Imaging - OBSP SITE 2 Champagne Dr. Unit B23, Toronto, ON M3J 2C5 Tel: (416) 741-2766 Fax: (416) 741-6015 pds@humbervalleyimaging.com

XBMUVE-BIO, VC, CC

③ PDS Cardiac Imaging

2 Champagne Dr, Unit B10, Toronto, ON M3J 2C5 Tel: (416) 222-6160 EXT. 243, Fax: (416) 386-1023 cardiology@humbervalleyimaging.com

CC, E, H, ST

4 St. Clair Diagnostic Imaging - OBSP SITE 1223 St. Clair Ave. West, Main Floor, Toronto, ON M6E 1B5

Tel: (416) 656-6034 Fax: (416) 656-8468 stclair@humbervalleyimaging.com

**XBMUVE** 

5 College Diagnostic Imaging - OBSP SITE 474 College Street, Suite B4, Toronto, ON M6G 1A1

Tel: (416) 925-3823 Fax: (416) 925-8092 college@humbervalleyimaging.com

XBMUVE

(6) Yonge & Eglinton Diagnostic Imaging

2401 Yonge Street, Suite LL11, Toronto, ON M4P 3H1 Tel: (416) 485-5793 Fax: (416) 485-7172 2401@humbervalleyimaging.com

XBUV

#### York Region

(7) Unionville Diagnostic Imaging - OBSP SITE 10 Unionville Gate, Unit 204, Markham ON L3R 0W7 Tel: (905) 479-3945 Fax: (905) 479-5538 unionville@humbervalleyimaging.com

XBMUVE-BIO

(8) Humber Valley Imaging Vaughan

191 McNaughton Road East, Unit 402, Vaughan, ON L6A 4E2 Tel: (416) 748-8434 Fax: (416) 748-6158 vaughan@humbervalleyimaging.com

NXBUVS, VC, CC

9 Humber Valley Cardiovascular Imaging

398 Steeles Avenue West, Unit 11-14, Thornhill ON L4J 6X3 Tel: (905) 881-1455 Fax: (905) 881-5171 cardio@humbervalleyimaging.com

**NBUV** 

#### Simcoe

(10) Simcoe Diagnostic Imaging - OBSP SITE 65 Donly Drive North, Simcoe, ON N3Y 0C2 Tel: (519) 426-5068 Fax: (519) 426-5069 simcoe@humbervalleyimaging.com



### Please Bring This Requisition & Your Health Card

24-HOUR NOTICE REQUIRED TO CANCEL YOUR APPOINTMENT PATIENTS WHO ARRIVE LATE OR NOT PREPARED FOR THEIR APPOINTMENT MAY BE REBOOKED.

X (x-ray) B (bone mineral densitometry) M (mammography) U (ultrasound) V (vascular ultrasound) ST (stress) S (sonohysterogram) BIO (biopsy) E (echocardiogram) VC (vascular consult) CC (cardiac consult) N (nuclear)